

## FROM FORTY-FIVE TO SIXTY

A Word of Help to Women of Middle Age From Mrs. Raney.

Morse, Okla.—"When I was 45 years old Lydia E. Pinkham's Vegetable Compound carried me through the critical period of the Change of Life in safety. I am over 60 and have raised a family of eight children and am in fine health. My daughter and daughters-in-law recommend your Vegetable Compound and I still take it occasionally myself. You are at liberty to use my name if you wish."—Mrs. ALICE RANEY, Morse, Oklahoma.

Change of Life is one of the most critical periods of a woman's existence. This good old-fashioned root and herb remedy may be relied upon to overcome the distressing symptoms which accompany it and women everywhere should remember that there is no other remedy known to carry women so successfully through this trying period as Lydia E. Pinkham's Vegetable Compound.

If you want special advice write to Lydia E. Pinkham Medicine Co., (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

**Ladies Keep Your Skin Clear, Sweet, Healthy With Cuticura Soap and Cuticura Talcum**

### Keeping Up With H. C. L.

Bert asked his grandpa for a job and was told he could throw down hay for the horses. For this chore he had always received a nickel; but as the candy bar he was in the habit of buying had advanced in price, he coolly informed his grandparent that he would have to have a raise in wages.

"How much?" asked grandpa, amused.

"Oh," replied the little laborer, "enough to keep up with the high cost of candy."

### Real Proof.

"They say that Dobbs is madly in love with his wife, but I don't see any sign of it. He doesn't pay her any special attention, doesn't make any love-like speeches or any particular fuss over her."

"Maybe not; but whenever she asks him for money he gives it to her without asking what she wants it for."

## Get Back Your Health

Are you dragging around day after day with a dull headache? Are you tired, and lame mornings—subject to headaches, dizzy spells, and sharp, stabbing pains. Then there's surely something wrong. Probably it's kidney weakness! Don't wait for more serious kidney trouble. Get back your health and keep it. For quick relief get plenty sleep and exercise and use Doan's Kidney Pills. They have helped thousands. Ask your neighbor!

### An Illinois Case

C. E. Loebe, 308 Fremont St., Woodstock, Ill., says: "My back pained considerably and there was a dull pain over my kidneys. It hurt me to stoop over or straighten up. My kidneys acted irregularly and there was a burning sensation in passing the secretions. Two boxes of Doan's Kidney Pills entirely removed the trouble and I have had no trouble since."

Get Doan's at Any Store, 60c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

To abort a cold and prevent complications, take

**Calotabs**

The purified and refined calomel tablets that are nausealess, safe and sure.

Medicinal virtues retained and improved. Sold only in sealed packages. Price 35c.

**PARKER'S HAIR BALSAM**  
Removes Dandruff—Stops Hair Falling—Restores Color—Beauty to Gray and Faded Hair—50c and \$1.00 at druggists—Jittocox Chem. Wks., Patheburg, N. Y.

**HINDERCOINS** Removes Corns, Calluses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 10c by mail or at drug stores. Jittocox Chemical Works, Patheburg, N. Y.

## IOWA BOY WINS ESSAY CONTEST

Writes the Best Article on "Benefits of Enlistment in United States Army."

### BEATS TEN MILLION RIVALS

Gets Free Trip to Washington and a Gold Medal From Secretary Baker  
—The Prize-Winning Essay.

Washington, D. C.—Donald L. Campbell, a fifteen-year-old Clinton (Ia.) high school pupil, has been awarded first prize in the army national school essay contest for the best essay on the "Benefits of Enlistment in the United States Army." Ten million school children participated in the contest, inaugurated to stimulate enlistment in the army.

Young Campbell will receive from the war department a free trip to Washington, where Secretary of War Baker will pin a gold medal on his chest.

### Here's the Essay.

Campbell's winning essay follows: "As Horace Greeley once said, 'Young man, go West.' We now say, 'Young man, join the army.' Why? It is the big opportunity of the age.

"Are you physically weak? 'Health is the first wealth,' and the army is a health builder. It provides wholesome food; clean, comfortable surroundings, proper clothing and medical attention when necessary. Physical exercise is compulsory, and every encouragement is given athletics. These, with outdoor life, make men straight, strong and healthy.

"Do you seek an education? 'You can attend school at any army post and study grammar and high school subjects.

"Would you learn a trade?

"The government has recently appropriated \$2,000,000 for the establishment and maintenance of vocational schools, where you can learn to be a mechanic, auto repair man, electrician, telegraph operator, chemist or almost anything else you wish. These courses prepare you for a return to civil life or continued service in the army.

## Revolt Against Shoddy Goods

Overall Movement Is Protest Against Inferior Material Masquerading as "All Wool."

### "TRUTH IN FABRIC" BILL

Measure in Congress Would Make It Obligatory for Manufacturer to Stamp on Cloth Percentage of Virgin Wool It Contains.

Chicago.—When the French peasants and bourgeoisie became utterly fed up with the ancient regime, they led several dozens of aristocrats to the guillotine and nicked off their heads. The citizens of Boston, years ago, declining to pay a tax, dumped a shipload of tea into the harbor. Americans today, from preachers to clerks, outraged at the prices they are forced to pay for inferior garments, spurn the clothiers' more select wear and don overalls.

Movements like these are to be regarded as symbols of protest. The peasant was not an advocate of indiscriminate slaughter; the Bostonian did not dislike tea, and 1920 Americans are not strong for overalls per se. LeGrand F. Malaney, secretary of the National Sheep and Wool bureau, 29 South La Salle street, is of the opinion that the protest demonstrated by the denims is only partly against the high prices. It is equally against the inferior material, the shoddy masquerading as "all wool" that appears in garments nowadays.

"The overall movement will prove, I

## To Tunnel Mountain Chain



In order to cut down the running time between Pittsburgh's outlying districts and the city itself, an engineering project to blast through a mountain chain encircling the city has begun. When this tunnel has been bored it will cut down the time from one hour to 15 minutes. Photograph shows the first blasting for the tunnel. The rock within the white semicircle is honeycombed with dynamite.

"Do you long for travel and adventure?"

"Join the army. You can be an engineer at the Panama canal, a wireless operator in the Philippines, a line-man in Alaska, or an aviator flying in the clouds. Whenever possible, the government gives you a choice of station.

"In the army you can travel, learn, and earn at the same time.

### Uncle Worries for You.

"You may think army pay is low. In addition to the \$30 a month, Uncle Sam pays for your food, clothing, rent, light and fuel. With the present high cost of living, why not leave all the worries to Uncle Sam? After thirty years' service, you can retire on three-fourths pay plus \$15.75 a month. The army is not all work and drilling. There are movies, libraries, games, music and dances; furloughs whenever conditions permit.

"Do you admire courage, honest, square dealing, resolution and tena-

city of purpose? You will find these qualities in men like Washington, Grant, Sherman, Roosevelt and Pershing—men developed in our army.

"This training of body, mind and soul, and these opportunities for education, travel and adventure are more than sufficient reasons for joining the army; but there is another and greater motive for donning the 'olive drab.' Do you love your country, and would you be worthy of her? You must be willing to serve her both in war and peace.

"Have you, like Nathan Hale, one life to give for your country? If so join the army."

### YANK WITH 38 WOUNDS HOME

George Tremain, Wounded in Battle of the Argonne, Gets Leave to Visit Parents.

Susanville, Cal.—When George Tremain, a soldier from Lassen county, was caught in the fire of a German machine gun nest in the battle of the Argonne, he received 38 separate wounds, 20 being of a serious nature.

Tremain fell and lay on the ground in an exposed position for 12 hours before being rescued. When finally carried to a field hospital his injuries were pronounced fatal and for weeks he hovered near to death in hospitals in France.

The amputation of both legs was anticipated for nearly a year, but healing was finally accomplished, and now he can walk with the aid of crutches.

Tremain was permitted to come here from Letterman General hospital a few days ago to visit his parents.

### Rat Killing Time Comes Again.

Falmouth, Ky.—The successful rat-killing party staged on the J. J. Eckler farm has suggested that "rat parties" would be a good thing for the farmers of that section. The rodents are particularly bad at present, but there are fewer on the Eckler farm than in many a day. While moving tobacco sticks three members of the party killed 83 rats and at the same time permitted six to get away.

### Minister Quits Pulpit; More Money in Factory

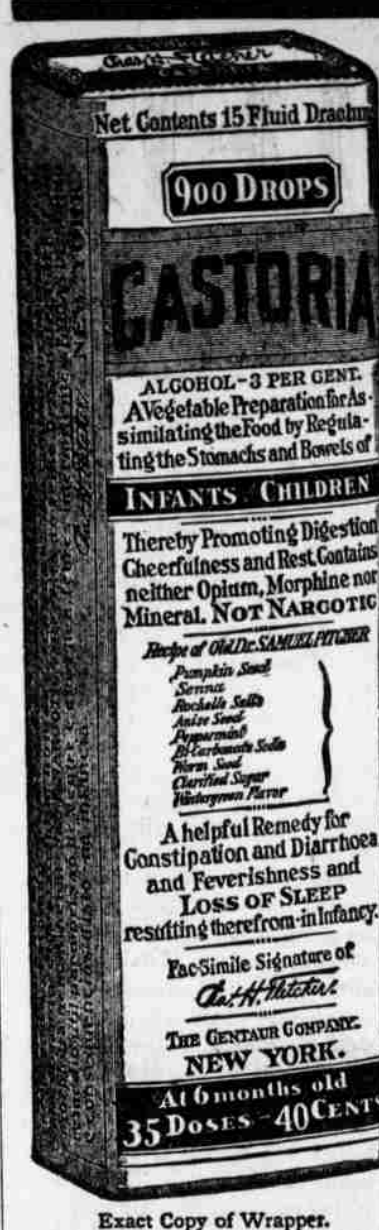
Peekskill, N. Y.—Rev. Ellis Slippery, pastor in three suburban Methodist Episcopal churches, has discarded his frock coat for a pair of overalls and began work as an apprentice pearl cutter in a factory here. He announced he had resigned his pastorate because he "could not make both ends meet," and would confine his preaching to "relief work which would not interfere with factory duties."

His salary as a pearl cutter would be several hundred dollars a year more than his salary as a minister, he said.

## Remarkable Picture of Fighting in Berlin



A photograph made during the height of the fighting between "regular" troops and Spartacists in Berlin streets. The photograph, which is a recent one, was taken in the "Parizer Platz," where heavy fighting was experienced. The body of a fallen soldier may be seen in the right center of the photograph, while troops massed behind an armored motor car (at left) are firing upon the opposing faction.



## CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the Signature of

*Dr. J. C. Hatcher*

In Use For Over Thirty Years

## CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.



HERE is an offer backed by one of your personal friends—a man whom you have known for a long time, and in whose honesty you have implicit confidence. This man is your local druggist. He will tell you that he has been selling Hunt's Salve, formerly called Hunt's Cure ever since he has been in business, under the strict guarantee to promptly refund the purchase price to any dissatisfied user.

He will say to you "Take home a box of Hunt's Salve and if it is not successful in the treatment of itching skin diseases, I will promptly refund to you your 75 cents. Hunt's Salve is especially compounded for the treatment of Itch, Eczema, Ringworm, Tetter, and other itching skin diseases.

The General Manager of the Lida Valley Railway Co., Goldfield, Nevada, A. D. Goodenough, writes: "At one time I had a very bad case of Eczema, which troubled me for seven or eight years, and although I tried all kinds of medicine and several doctors, I got no relief until I used Hunt's Salve. It finally cured me.

Thousands of such letters have been received, testifying as to the curative merits of this wonderful remedy.

Don't fail to ask your druggist about Hunt's Salve, formerly called Hunt's Cure. Show him this ad, and ask him if the statements herein made are not correct.

Sold by all reputable druggists everywhere at 75 cents per box, or sent direct on receipt of stamps or money order.

**A. B. RICHARDS MEDICINE CO., Sherman, Texas**

GIVEN PRIVILEGE IN WAR IN WORDS THAT APPEALED

Channel Islanders for Centuries Were Not Forced to Take Part in Britain's Conflicts.

For over two centuries the Channel Islands were allowed to remain neutral in any war that England might undertake. This singular privilege was granted to them by Edward IV, and was not revoked till the reign of William and Mary. It was granted as a reward for the loyalty of the islanders, whose commerce with the neighboring coasts of Brittany and Normandy was constantly being interrupted by the numerous wars. Even the pope joined in enforcing the right, and by a bull dated 1483 Sextus IV threatened to excommunicate any one who violated the order. On the whole, it was fairly rigidly observed, and when a Guernsey vessel was taken in the channel by a privateer of Morlaix, the islanders with their boat were released, but a few Englishmen on board, with their merchandise, were captured. The privilege does not seem to have been of any great commercial value, for when it was withdrawn the islanders made more money than before by fitting their vessels out as privateers.

### Might Have Known It.

"How did Blank, the rich architect, become so poor?"

"He built a house for himself."

Don't think because a girl giggles at everything a man says that she has a keen sense of humor.

Poetically Expressed Offer of Needed Assistance Touched Elderly Spinster's Romantic Heart.

After the "personally conducted" tour abroad a band of English travelers were crossing the channel home. It was very rough, and most of the ladies retired to the cabin. Only one—an elderly little spinster—stayed on deck.

As the vessel pitched and tossed, and heavy showers of spray drenched everything, a fellow tourist came to her.

"Excuse me, Miss Black, but I thought perhaps you feel the need of a strong arm to lean on—something to support you, you know."

"Oh, Mr. Blinks!" sighed the lady, as she lurched toward him and landed her head on his shoulder. "How sweetly and romantically you have expressed it!"

Machine Handles Peanuts Properly. The operation of blanching peanut kernels is now taken care of by a machine which has a capacity of 1,000 pounds per day. It requires the services of but one operator and heretofore this work has been done by hand and one worker could not do more than from 65 to 80 pounds in the course of a day's work.

### Those Girls.

Agnes—"But how in the world did you get him to propose?" Madge—"Oh, easily enough. I told him I was only sweet sixteen."

## A Food That Builds! Grape-Nuts

A staunch food made of wheat and malted barley, ready to eat, easily digested, and full of sound nourishment

For those who work with brain or brawn there is no better breakfast or lunch than

**Grape-Nuts "There's a Reason"**

Sold by Grocers

Made by Postum Cereal Co. Inc., Battle Creek, Michigan.

